



**Allow the  
phrases  
below to  
inspire your  
writing or  
painting.**

# **CREATIVE PROMPTS**

Challenge yourself to work freely with no judgement or editing for at least 15 minutes. Include specific details - texture, color, emotion, place, time, context - even if they don't seem to make immediate sense; sometimes these turn out to be the most delicious parts.

- *in the next year***
- *warm kitchen***
- *have it for yours***
- *lighting the fire***
- *sugar cane***
- *no words***
- *born with wings***
- *even a river***
- *a box of paints***
- *two whole days***
- *the little crooked room***
- *my own mother chanted***
- *what you're crazy about***
- *on an endless loop***
- *tending the fields***

- *it was rather dangerous***
- *like bits of lace***
- *made me so drunk***
- *to melt together***
- *much less lovely***
- *when I was the forest***
- *a rose-red city***
- *not easy to know***
- *dream yourself back***
- *this blue is also***
- *possess such loveliness***
- *suddenly I realized***
- *another lost object***
- *came into my arms***
- *her need to please***